REDCOM MID-ATLANTIC (N 9)

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HEALTH SERVICES MISSION

- Assist YOU & the supported commands
- Healthy, Hyper-fit force
- Health care pre/post-deployment
- Health promotion

“Support to the Fleet… Ready and Fully Integrated”

HSS SPECIAL ASSISTANTS

- CAPT Bruce Doll, DC, USNR
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- CAPT Sara Karstetter, NC, USNR
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- CAPT Greg Duncan, MSC, USNR
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- Full Time Support
  - HMC(FMF) Todd Cruse
  - HM2(SW) Clifton Butler

Health Promotion

- Requirements
  - NAVRESREDCOMMIDLANT INST 6100.1
  - Reserve Center requirements
    - Designate Command Health Promotion Coordinator
    - Reserve Center Health Promotion Committee with FTS and SELRES membership
    - Participation by Command Fitness Leader
    - Liaison with community resources

Health Promotion

- Resources
  - Navy Environmental Health Center:
    - “ www-nehc.med.navy.mil”
      - Directory>Health Promotion>Health Topics
      - “Friday Facts”
  - Army Center for Health Promotion
    - www.HOOAH-4-Health.com, a web-based tool developed for reservists

Health Promotion

- Resources cont.
  - SWANK Healthcare – BUMED contract for health education for reserve
    - www.swankhealth.com
    - Sign-in required
    - Go to Readiness Training and click on Health Promotions Basic Course

The CNO has tasked VADM Cotton to:

Complete the Integration of the Reserves with

Active Duty

The speed that Reservists are Mobilized to the Front Line is not slowed by Training Readiness, but BY:

Low Medical Readiness!

Medical Readiness Standards

Blood Type	95%
G6PD	95%
Sickle Cell	95%
DNA	95%
HIVs	90%
Immunizations	90% (Annual)
Periodic Physicals	90% (Flu, Hep A, MMR, Polio, Tetanus, Yellow Fever)
NAVMED 6120/3	90%

Dental Readiness 95% (Same as *Active Duty*)

Class III 2% **Class IV 3%**

Mobilization Ready 85-90% (Approx. 10% are TNPQ/PRR/NOE/TNDQ)

Medical Readiness – 10NOV03

	NAVRES	Standard	REDCOM_ Mid-LANT
Blood Type	88 %	95%	91%
G6PD			
Sickle Cell		95%	94%
HBNA	85 %	95%	94%
	85 %	95%	93%
HIVs	83%	90%	88%
* Immunizations	91 % 71%	90%	72%
Periodic Physicals	92%	90%	96%
NAVMED 6120/3s	83%	90%	87%
	75%	95%	83%
	3%	2%	3%
Dental	22%	3%	14%
Readiness			
Dental Class III			

*Flu, Hep A, MMR, Polio, Tetanus, Yellow Fever

REDCOM MA GLOBAL MEDICAL READINESS

MONTHLY PERCENTAGE STATISTICS

JAN 03 - DEC 03

UNIT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	UNIT
GLOBAL	58.50%	64.76%	65.89%	66.87%	67.67%	69.00%	70.21%	70.79%	70.21%	72.04%	72.63%		GLOBAL
RCMA	43.33%	46.67%	51.72%	71.43%	78.57%	75.00%	78.57%	86.21%	89.66%	86.21%	89.66%		RCMA
ADELPHI	43.60%	44.12%	43.08%	47.27%	49.33%	52.13%	56.53%	60.00%	61.09%	65.90%	70.19%		ADELPHI
AVOCA	47.21%	73.85%	78.31%	82.05%	74.51%	77.62%	84.77%	84.47%	87.13%	87.79%	91.18%		AVOCA
BALTIMORE	51.56%	56.59%	55.31%	59.95%	57.95%	57.59%	56.19%	55.06%	53.62%	56.73%	61.06%		BALTIMORE
EBENSBURG	75.11%	87.95%	87.21%	88.26%	88.89%	85.98%	85.84%	89.29%	88.05%	91.59%	92.92%		EBENSBURG
ERIE	44.76%	52.32%	55.92%	73.57%	65.28%	67.81%	68.92%	71.81%	76.03%	79.17%	76.67%		ERIE
HARRISBURG	34.90%	53.01%	59.75%	59.31%	57.60%	57.21%	71.04%	75.78%	78.30%	75.52%	72.65%		HARRISBURG
HUNTINGTON	71.21%	74.87%	83.85%	82.97%	75.57%	78.98%	81.82%	81.32%	72.43.%	89.07%	89.19%		HUNTINGTON
LEHIGH	40.41%	55.78%	57.72%	58.56%	53.70%	54.29%	66.96%	67.08%	62.50%	70.06%	68.89%		LEHIGH
MOUNDSVILLE	41.27%	76.19%	81.67%	72.22%	55.56%	55.77%	54.72%	80.36%	81.03%	78.57%	68.97%		MOUNDSVILLE
NORFOLK	66.55%	67.73%	70.67%	68.16%	71.64%	73.45%	74.46%	73.56%	72.59%	73.81%	76.11%		NORFOLK
PITTSBURGH	74.57%	78.46%	81.48%	76.55%	76.84%	71.28%	72.13%	73.70%	70.75%	71.52%	65.41%		PITTSBURGH
READING	81.61%	79.27%	87.67%	86.96%	80.60%	84.62%	85.29%	88.57%	86.67%	87.84%	85.14%		READING
RICHMOND	56.01%	62.60%	57.55%	62.50%	68.53%	74.58%	74.58%	73.06%	72.92%	72.50%	72.65%		RICHMOND
ROANOKE	61.94%	76.09%	82.48%	81.89%	82.54%	82.95%	75.19%	71.03%	74.50%	82.24%	74.84%		ROANOKE
WASHINGTON	55.05%	63.30%	62.01%	63.65%	65.07%	66.96%	66.50%	67.16%	66.46%	65.39%	65.94%		WASHINGTON
WILMINGTON	73.51%	71.81%	68.50%	63.25%	62.16%	69.90%	74.04%	73.45%	80.99%	93.55%	92.13%		WILMINGTON

New DoD Requirement
Individual Medical Readiness (IMR)

Quarterly Reporting of IMR

- **Fully Medically Ready** - Current in all Categories Including Dental Class I & II
- **Partially Medically Ready** - Lacking Only Immunizations and Readiness Labs (Blood Type, G6PD, Sickle Cell, DNA, HIV)
- **Not Medically Ready** - Deployment Limiting Condition (Including those Hospitalized or Convalescing from Serious Illness or Injury) OR Dental Class III
- **Medical Readiness Indeterminate - *UNKNOWN*** - Indeterminate Due to No Health Record and or Dental Record , Over Due Periodic PE / Annual Certificate of Physical Condition (NAVMED 6120/3) OR Dental Class IV

Tools to Manage your Medical Readiness (MEDRED) and Individual Medical Readiness (IMR):

- Your Supporting Naval Reserve Center Medical Department Representative should be E-mailing to you monthly:
  1. Unit MEDRED Detailed Report
  2. IMR Report Unit Summary
  3. Dental Readiness Report
  4. Coming Soon Unit Scheduling Report (Personnel due in next 30/60 days)
  5. Schedule of when medical/dental support is available to complete MEDRED Requirements
- If you <u>are not</u> receiving this information you should be asking <u>WHY</u>?

NAVRESREDCOM HEALTH SERVICES DEPT. (N9)

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Questions?